



Dodo Gizzard

Fried plantain and chicken gizzard sautéed in a spicy tomato sauce.

Price

Up to 20 people - £5 per person 20 people or more - £4 per person



Assorted Meat Pepper Soup

A broth-like savoury and spicy soup with assorted meat

Accompaniments

Boiled Yam

Price

Up to 20 people - £8 per person 20 people or more - £6 per person



Fish Pepper Soup

A broth-like savoury and spicy soup with fish. Choose from Cat fish, Pegasus or Tilapia.

Accompaniments

Boiled Yam

Price

Up to 20 people - £8.50 per person 20 people or more - £6 per person



Nkwobi 🥖

Mixed cow foot in a spicy palm oil paste

Price

Up to 20 people - £5 per person 20 people or more - £3.50 per person





Jollof Rice

Slowly cooked rice in a fusion of tomato, peppers & specially selected African herbs. Popular party food in West Africa.

Accompaniments

Assorted Meat or Beef or Chicken or Fish, Fried Plantain and /or Moin moin

Price

Up to 20 people - £3.50 per person 20 people or more - £3.00 per person



Fried Rice V

Popular Nigerian party rice sautéed in a sizzling mix of veg and spices

Accompaniments

Assorted Meat or Beef or Chicken or Fish with Fried Plantain and /or Moin moin

Price

Up to 20 people - £3.50 per person 20 people or more - £3.00 per person



Plain Boiled Rice V



Accompaniments

Nigerian Red Stew or Ayamase with Fried Plantain and/or Moin moin

Price

Up to 20 people - £2.50 per person 20 people or more - £2.00 per person



Asaro (Yam Porridge)

A stewed mashed Yam delicacy in a spicy tomato sauce

Accompaniments

Assorted Meat or Beef or Chicken or Fish

Price

Up to 20 people - £5.00 per person 20 people or more - £4.00 per person





Suya

Spicy grilled meat in a combination of ginger and savoury spices. You can have a choice of assorted meat, beef or chicken suya.

Accompaniments

Jollof Rice, Fried Rice, Plantain, Fried Yam

Price

Up to 20 people - £5.00 per person 20 people or more - £4.00 per person



Isi-Ewu (Goat Head)

A deliciously spicy goat head delicacy amongst the Igbo people of Nigeria

Price

Up to 20 people - £6.99 per person 20 people or more - £6.00 per person



Grilled Whole Fish

Accompaniments

Fried Plantain, Kenkey or Banku

Price

Up to 20 people - £8.00 per person 20 people or more - £7.00 per person



Ewa Agoyin 🧪 🇸



Beans with a traditional pepper sauce

Accompaniments

Assorted Meat, Fried Plantain, Boiled Yam

Price

Up to 20 people - £4.00 per person 20 people or more - £3.50 per person





Nigerian Red Stew 🎤 🇸



A mildly spicy tomato and pepper based stew with specially selected African herbs

Accompaniments

Plain Boiled Rice, Boiled Yam

Price

Up to 20 people - £4.00 per person 20 people or more - £2.00 per person



Ayamase / Ofada Stew (Designer Stew)



A tasty traditional stew made with green peppers, scotch bonnet, assorted meat & the star of the dish locust beans

Price

Up to 20 people - £6.00 per person 20 people or more - £4.00 per person





A flavourful combination of assorted meat and seafood is complimented nicely by ground egusi (melon seeds) and finely chopped spinach with a hint of bitter leaf

Accompaniments

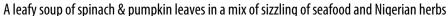
Pounded Yam, Eba, Yam Flour, Semolina Kenkey or Banku



Price

Up to 20 people - £8.00 per person 20 people or more - £6.00 per person





Accompaniments

Pounded Yam, Eba, Yam Flour, Semolina Kenkey or Banku



Up to 20 people - £8.00 per person 20 people or more - £6.00 per person



Speciality Traditional Soups

Banga Soup 🧪

Deliciously made palm nut sauce with assorted meat or fish

Accompaniments

Pounded Yam, Eba, Yam Flour, Semolina Kenkey or Banku

Price

Up to 20 people - £9.00 per person 20 people or more - £8.00 per person



Afang Soup 🥒

A rich and leafy soup with crayfish and fish or meat

Accompaniments

Pounded Yam, Eba, Yam Flour, Semolina Kenkey or Banku

Price

Up to 20 people - £9.00 per person 20 people or more - £8.00 per person



Edikang Ikong 🥖

This is a highly nutritive delicacy made with waterleaf & pumpkin leaves in a mix of sizzling meat or fish

Accompaniments

Pounded Yam, Eba, Yam Flour, Semolina Kenkey or Banku

Price

Up to 20 people - £9.00 per person 20 people or more - £8.00 per person



Oha Soup 🥒

A delicate tasting soup made with oha leaves which has a mouth-watering aromatic flavour

Accompaniments

Pounded Yam, Eba, Yam Flour, Semolina Kenkey or Banku

Price

Up to 20 people - £9.00 per person 20 people or more - £8.00 per person





Fried Plantain



Sweet similar to deep fried banana, suitable for savoury meals

Accompaniments

Nigerian Red Stew, Ewa Agoin

Price

Up to 20 people - £2.00 per person 20 people or more - £1.00 per person



Moin Moin 🥖



A steamed bean pudding seasoned with Nigerian herbs. Choose to have it with egg, fish or plain as a perfect meat alternative for vegetarians and vegans

Accompaniments

Jollof Rice, Fried Rice

Price

Up to 20 people - £2.00 per person 20 people or more - £1.00 per person





Roast full leg chicken marinated in jerk seasoning.

Accompaniments

Jollof Rice, Fried Rice, Plain Boiled Rice with Red Sauce



Up to 20 - £2.00 per full leg 20 or more - £1.50 per full leg



Peppered Meats 🥖



Assorted meat, Beef, Hard Chicken or Fish

Accompaniments

Jollof Rice, Fried Rice, Plain Boiled Rice with Red Sauce

Price

Up to 20 pieces - £2.00 per piece 20 pieces or more - £1.00 per piece



Swallow / Soup Accompainments

Pounded yam / Iyan in Yoruba or Eba / Garri (from dried cassava) or Yam Four / Amala in Yoruba or Ghanian Banku or Kenkey (from fermented maize or cassava) or Semolina (from milled maize)

Price

Up to 20 wraps - £1.00 per wrap 20 wraps or more – 80p per wrap



Snacks & Small Chops

Plantain Chips V

Fried crunchy thin slice usually yellow or green plantain

Price

Up to 20 packs - £1.00 per pack 20 packs or more - £70p per pack



Peppered Turkey 🥖

Price

Up to 20 - £2.00 per piece 20 or more - £1.00 per peice



Stick Meat 🥖

Price

Up to 80 - £1.00 80 or more - 70p



Meat Pie

Tasty beef, carrot and potato filled pies.

Price

Up to 20 - £1.20 per pie 20 or more - £1.00 per pie 100 or more — 90p per pie



Puff Puff V

Fluffy and spongy snack similar to doughnut

Price

Up to 80 - £1.00 80 or more - 70p





Soft Drinks

Fanta Bottle (35cl)	£1.50
Schweppes Bitter Lemon Bottle (30cl)	£1.00
Origin Zero Canned	80p
Malt Drinks (Maltina, Afrimalt, Supermalt, Vitamalt, Powermalt)	80p
Beer & Larger	
Guinness Small (325ml)	£1.70
Guinness Large (600ml)	£3.40
Star (600ml)	£2.99
Gulder (600ml)	£2.99
Origin Bitters (20cl)	£5.50
Origin Large (600ml)	£3.50
Origin Medium (450ml)	£2.99
Origin Small	£1.99
Palm Wine (Traditional Nigerian wine tapped from palm tree)	
Small (325ml)	£1.50
Large (625ml)	£3.00

Additional Information

Delivery Terms

- Your enquiry should be at least 2 weeks before expected date of delivery.
- 50% of the total cost of your order must be paid before delivery commences.
- The balance of your order must be paid upon delivery.

Delivery Locations

Colchester – Free for orders over £20

Braintree - £30

Ipswich - £30

Chelmsford - £40

London - £50

Cambridge - £60

Other locations not on the list are available. Email — chezafrique cuising

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Waiting Service

Along with the catering, we can also offer a full service for the special day.

Hire

Chafing Dish Hire (Including gas light) - £10 (up to 48 hours) Private party hire seating up to 26 people.

Bookings and Enquiries

Restaurant - 01206 563 781 Mobile - 0785 0991208 Email — chezafriquecuisine@yahoo.com

Chez Afrique Address

36 St Botolph's Street Colchester Essex CO2 7EA

